

Why learn ballroom dancing with us?

The GU Ballroom Dance Team is a welcoming and supportive environment for anyone and everyone who wants to learn how to dance!



Join GUBDT today!

social and competitive dancing

a tight knit community

a useful life skill

great exercise

fun!

Neil deGrasse Tyson did it in college too!

georgetownballroom.wixsite.com/gubdt

SPRING 2019

BOARD MEMBERS

President	Christian Bast
Captains	Emilie Kathol-Voillequé Elizabeth Duncan
Treasurer	Kevin Lemus
Secretary	Michaela Brustmann
Social Chair	Charlotte Tan
Membership Chair	Bernadette Yamakaitis

LESSON TIMES

Wednesdays in Copley Formal Lounge

8 pm: Bronze

9:30 pm: Advanced

Thursdays in Bulldog Alley

7 pm: Spring Newcomer

8:30 pm: Fall Newcomer

Monday Review: 10:30 pm in Yates Studio A

Friday Practice Space: 6 - 9 pm in HFSC B

Ballroom dues are **\$60/semester**, which includes all group lessons and practice spaces. Please don't hesitate to contact the treasurer if this poses a financial burden – we want everyone to have the opportunity to dance with us!



Newcomer Guide



Which dances do we learn?

Ballroom dancing is divided into two styles: **American** and **International**. GU competes primarily on the latter. Within International style, there are ten dances, split into **Standard** and **Latin**.

STANDARD

Waltz
Quickstep
Tango
Foxtrot
Viennese Waltz

LATIN

Cha Cha
Rumba
Jive
Samba
Paso Doble

You'll go through all ten dances in lesson and eventually be able to dance each one! If you choose to go to competitions, these are the dances you'll compete in.



But wait – there's more!

In addition to the ballroom dances, we teach **social dances** at our monthly socials and organize trips to dance opportunities in D.C. every few weeks. Social dancing is a great way to improve your following/leading skills and get to know the Washington dance community.

SOCIAL DANCES

Brazilian Zouk
Salsa
Bachata
Hustle
West Coast Swing
Argentine Tango
... and more!

BALLROOM SOCIALS

The team regularly goes to bi-weekly college ballroom nights hosted at **Chevy Chase Ballroom (CCB)** or **Tyson's Ballroom**.



DO I NEED TO BUY DANCE SHOES?

If you love ballroom or plan on competing, it might be a good idea. Our **Competition Guide** has detailed information on styles and brands.

Competitions

Our team competes in 3-4 competitions per semester. Some competitions are one day, while others are spread out over two. If it's far away, the team will take a bus and stay in a hotel. **While competitions are not mandatory, they are fun bonding experience and improve your dancing!**

You'll compete in the dances you've practiced in lesson. For newcomers, this usually includes **Waltz, Quickstep and Tango** in Standard, and **Cha Cha, Rumba, and Jive** in Latin. Eventually you'll be able to compete in all ten dances!

If you're a newcomer you'll be competing against people of similar ability. Ballroom competitions are divided into **levels**, each with their own set of permitted steps. The newcomer division generally has a **time restriction**, meaning that only people who have started dancing within the past year can compete as a newcomer.

If there's someone you'd like to dance with, let us know when you register for the competition. If not, the captains will match you with someone based on height.

SEE OUR COMPETITION GUIDE OR TALK TO THE CAPTAINS FOR MORE INFORMATION!